STAY SAFE ONLINE...

Personal Information

- Be careful and think about how much you share online.
- Never give your full address or phone number to people you don’t know.

Privacy Settings

- Make sure your social network profiles are private – if not anyone can see your information and posts.
- Treat your password like your toothbrush, don’t share it and change it regularly.
- Password tip - use upper and lower case letters, numbers and symbols for a super strong password.

Stranger Danger

- Consider who you become ‘friends’ with online, not everyone is who they say.
- Never meet up with anyone you meet online if you don’t know them in ‘real’ life without a parent or carer.
- If someone is aggressive or inappropriate learn how to report it and block them.

For further information visit https://www.nottinghamshire.police.uk/advice/prevention/online
Sexting
- Don’t send rude pictures of yourself, they can easily be sent on.
- You may be committing a criminal offence if you share a photo that was sent to you.

Cyber Bullying
- Respect others, you may not realise how your words affect people.
- If you are sending unkind messages you may be committing a criminal offence.
- Don’t retaliate, always screenshot or save any nasty messages you receive and block the bullies.

Online Gaming
- Keep personal information safe, make sure you know how to report problems or block people.
- Don’t get stung with a huge bill, be aware of ‘in-app purchasing’.
- Downloading game cheats, may not be legal and you could be downloading a virus.

Where To Go
- Childnet.com
- Cybermentors.org.uk
- Getsafeonline.org
- Nspcc.org.uk
- Ceop.police.uk
- Call Childline on 0800 11 11

Social Networking
- Think before you post, whatever goes online can be shared and you could lose control of who sees it.
- Be careful about the photos you share, do they give away lots of information about you?

REMEMBER
- If something doesn’t feel right or safe it probably isn’t. Talk to someone you trust.
- All social network sites and YouTube have ‘report’ buttons. Use them.